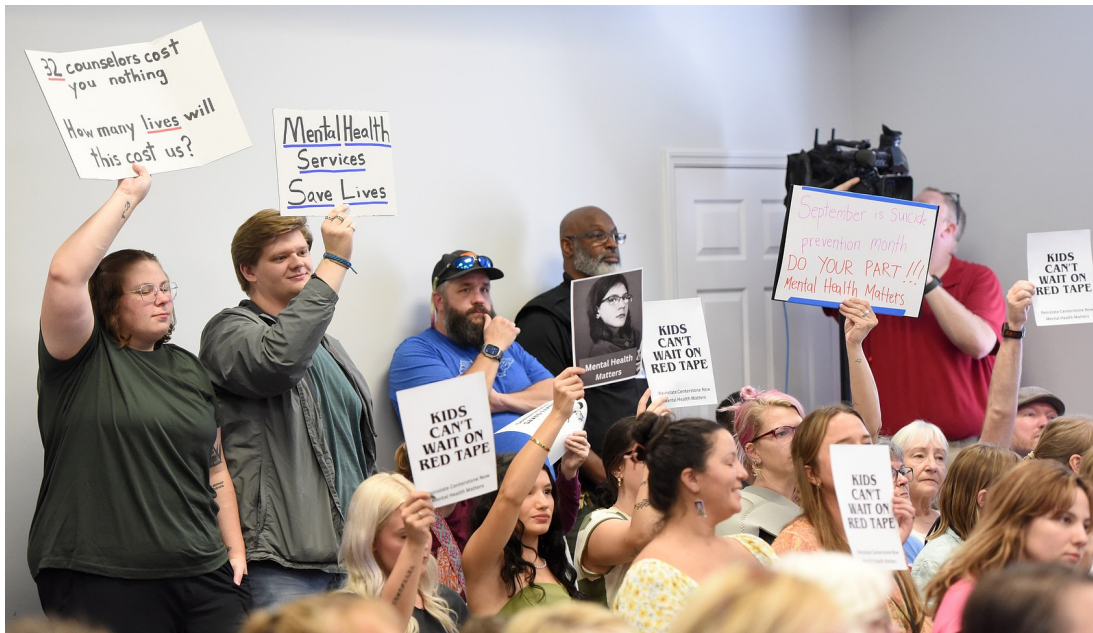


PSYCHPLUS BRINGS TELEHEALTH MENTAL HEALTH SERVICES TO HAMILTON COUNTY SCHOOLS



School board to consider contracts with five mental health providers

November 17, 2025 by [Shannon Coan](#) | Updated November 17, 2025 at 7:33 p.m.



The other recommended providers include ELU: Counseling, Consulting and Coaching, a Chattanooga-based Christian counseling service; the Helen Ross McNabb Center, a Knoxville-based behavioral health agency; Psychiatry of Texas, a Houston-based mental health care provider; and Thrive Therapies Group, a Nashville-based organization that specializes in serving students with disabilities.

Psychiatry of Texas, which is more commonly known as PsychPlus, would deliver its services primarily via telehealth and host on-site visits based on student needs and school schedules, according to its application. Its proposal also specifies that students without insurance would not be denied services and would be offered a sliding scale payment model based on family income and ability to pay.

The behavioral health organization said it was prepared to open a clinic in Chattanooga if it was awarded the contract and volume warranted it. PsychPlus has a clinic in Nashville as well as Tennessee-licensed staff in Georgia.