

PSYCHPLUS SELECTED AS AN APPROVED MENTAL HEALTH PROVIDER FOR HAMILTON COUNTY SCHOOLS



Hamilton County school board approves five mental health providers

November 20, 2025 by [Shannon Coan](#) | Updated November 20, 2025 at 10:27 p.m.



The other approved providers include ELU: Counseling, Consulting and Coaching, a Chattanooga-based Christian counseling service; the Helen Ross McNabb Center, a Knoxville-based behavioral health agency; **Psychiatry of Texas, a Houston-based mental health care provider**; and Thrive Therapies Group, a Nashville-based organization that specializes in serving students with disabilities.

Two of the providers who are new to partnering with the district — **Psychiatry of Texas** and ELU — said their services would primarily or exclusively be offered via telehealth.

Psychiatry of Texas, which is more commonly known as PsychPlus, said it was prepared to open a clinic in Chattanooga if it was awarded the contract and volume warranted it. ELU, which said it provides treatment that integrates "both the teachings of Christian theology and professional best practices," said it would allocate 10 staff members to the district partnership, providing services to students for up to 200 hours a week.