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Cassandra Boduch, MD, of PsychPlus Interviewed by Medscape

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Employment vs Private Practice: Who's Happier?

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Cassandra Boduch, MD, an employed psychiatrist with PsychPlus in Houston, Texas, is very satisfied with working as an employee. "I looked into private practice, but no one really prepares you for the complications that come with it," she said. "There's a lot more that goes into it than people realize."



"Many doctors go into private practice because of the freedom it brings and the potential financial incentives," added Boduch. "I know that many doctors have a dream of working for themselves, and in many cases, that works out great for them."

Boduch noted that in her job as chief medical officer at PsychPlus, she still has flexibility plus the perks of working with a bigger practice. In this scenario, Boduch said, the company can negotiate with insurance companies, allowing her the financial rewards of private practice.