

GreenState

Cassandra Boduch, MD of PsychPlus on Cannabis and Psychosis

PSYCHIATRY

The real story on cannabis-induced psychosis



Dr. Cassandra Boduch, chief medical officer of mental health platform [Psych+](#), shared insight on cannabis and psychosis with *GreenState*.

“The relationship between cannabis use and psychosis is complex and not fully understood. This is largely because although it has been studied extensively, different data leads us to different conclusions,” Boduch said.

That said, those in treatment for or with a predisposition for psychotic disorders should consult with a physician before consuming. That is especially true when planning to eat, vape, or smoke large amounts of THC. Boduch explained that developing psychosis from cannabis consumption is relative to every person; after all, patients respond differently to medications.

“For some people, they may run no increased risk of psychosis via the use of cannabis,” Boduch explained. “And indeed, many individuals do consume cannabis as a way of self-medicating a pre-existing condition, including psychosis. These two are not mutually exclusive.”