

KATIE COURIC MEDIA

MENTAL HEALTH

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Psychedelics Could Be Coming to a Therapist's Office Near You — Here's What To Know

There's still stigma — but medics are increasingly positive, states expert Dr. Faisal Tai of PsychPlus

“It's always difficult to get a consensus among medical experts, especially about a topic such as psychedelic medication, which is freighted with all sorts of cultural and legal significance,” **says Houston-based psychiatrist Dr. Faisal Tai.** “Having said that, I feel that the majority of doctors now believe that these psychedelics, which have long existed on the periphery of society, offer real treatment options for millions of Americans who struggle with mental illness.”

